

ST. MARY'S TEACHERS' COLLEGE – BURA/TAITA

1014

**P.T.E – PRE-SERVICE
MOCK EXAMINATION
MARCH/APRIL 2011
TIME: 2 ½ HOURS**

PRIMARY TEACHERS EXAMINATION

PHYSICAL EDUCATION

INDEX NO: _____

NAME: _____

CLASS: _____

INSTRUCTIONS TO CANDIDATES

1. Write your index number, name and class in the spaces provided above.
2. This question paper consists of **TWO** sections, **A** and **B**.
3. Answer **ALL** the questions in section **A**.
4. Answer any **TWO** questions in section **B**
5. **ALL** answers must be written in the spaces provided in the question paper.

FOR OFFICIAL USE ONLY

SECTION	QUESTION	MAXIMUM SCORE	CANDIDATE'S SCORE
A	1	14	
	2	15	
	3	09	
	4	09	
	5	13	
B	6	20	
	7	20	
	8	20	
TOTAL SCORE			

SECTION A (60 MARKS)

Answer **ALL** the questions

1. a) i) Explain the term ‘ball into touch’ as used in the game of Rugby (1 mark)

ii) When is a player in general offside in the game of Rugby? (1 mark)

iii) Name any **three** occasions when a scrum is formed in the game of Rugby (3 marks)

iv) The hooker is a very important player in the game of Rugby. Mention two roles of this player (2 marks)

b) i) Define the following as used in gymnastics

- Resilience (1 mark)

- Counter-balance

(1 mark)

ii) Name any **three** values of gymnastics to the ancient Greeks

(3 marks)

c) When is it most appropriate to use bunting skills during a game of Softball?

(2 marks)

2. a) What is the purpose of going for observation before carrying out the actual teaching practice

(3 marks)

b) Name any **four** indirect methods that a teacher can use to teach PE

(2 marks)

c) Mention any **four** attributes the teacher should use while awarding marks when assessing learners' progress in PE (4 marks)

d) Development is a very important stage in a PE lesson

i) State any **three** purpose of this stage (3 marks)

ii) Name the duties of the group leaders during this stage (3 marks)

3. a) State any **three** characteristics of sprints (3 marks)

b) State any **three** faults that may lead to poor finish in track races (3 marks)

c) The table below shows the results from a long jump competition.
Use it to rank the competitors (units are in metres)

(3 marks)

COMPETITOR	1ST	2ND	3RD	POSITION
HASSAN	29.34	34.01	37.44	
KORIR	34.72	39.94	38.86	
MWANGADZA	39.94	38.90	29.75	

4. a) i) When is a penalty half rounder awarded in the game of Rounders

(1 mark)

ii) Name **two** functions of the bowling square in the game of rounders

(2 marks)

b) Mention some of the ways that athlete may expose themselves to HIV/AIDS contraction during sporting activities

(3 marks)

c) State **three** factors of movement in dance

(3 marks)

5. a) i) Explain the term ‘maximal volume of oxygen (VO₂ Max)’ as used in exercise physiology (1 mark)

ii) Why do athletes training in high altitude before competitions (3 marks)

iii) State the principle of ‘reversibility’ as used in training (1 mark)

b) Name any **three** activities that a teacher may introduce to beginners to develop water confidence in swimming (3 marks)

c) Mention **three** common injuries pullers may suffer during a Tug-of-war competition (3 marks)

d) Name any **two** non-locomotor skills that can be performed with apparatus (2 marks)

SECTION B (40 MARKS)

Answer any **TWO** questions only

6. a) i) Apart from goalkeeping name **two** other occasions when a player is not penalised for ball handling in the game of Soccer (2 marks)

- ii) Name **one** function of the penalty arc in the game of Soccer (1 mark)

- iii) Highlight **four** duties of the assistant referees during a game of Soccer (4 marks)

- iv) When is a 'drop ball' performed in the game of Soccer? (3 marks)

- b) i) Name any **six** fouls that may lead to the award of a free pass in the game of Netball (3 marks)

ii) Name the option a team has if their centre is ordered off during a game of Netball (1 mark)

iii) Give **three** duties of a scorer in a game of Netball (3 marks)

iv) Name **three** any emergencies that may lead to the stop of the game by the umpire in the game of Netball (3 marks)

7. a) i) Outline **two** circumstances in which obstruction occurs in the game of Hockey (2 marks)

ii) State the teaching points for the bully in the game of Hockey (3 marks)

iii) Mention **three** occasions that will lead to award of penalty corner in the game of Hockey (3 marks)

iv) How is a tie broken in the game of Hockey? (3 marks)

b) i) When is a set won in the game of Volleyball (1 marks)

ii) State the teaching points for wind mill service in the game of Volleyball (3 marks)

iii) Mention **two** restrictions imposed on backcourt players in the game of Volleyball (2 marks)

iv) Describe the referee's hand signal for a 'common ball' in the game of Volleyball (1 mark)

v) Explain the following terms as used in Volleyball

- Rally (1 mark)

- Assisted hit (1 mark)

8. a) i) Name the world governing body of Basketball (1 mark)

ii) When is a 'foul goal' scored during a game of Basketball (1 mark)

iii) Mention **three** violations of tip-off by players during a game of Basketball (3 marks)

iv) Identify **three** types of shots applied in a game of Basketball (3 marks)

v) Name **two** occasions when a 'held ball' situation occurs in the game of Basketball (2 marks)

b) i) What is the minimum number of players per team during the game of Handball (1 mark)

ii) Name **three** fouls concerning 'approach to an opponent' in the game of Handball (3 marks)

iii) Explain a valid goal in a game of Handball (3 marks)

iv) Outline **three** conditions to be observed during penalty throw in a game of Handball (3 marks)
